Results

Cover crop biomass

Above-ground cover crop biomass was determined at most locations at the time of cover crop termination (Table 2). Over the years, aboveground cover crop biomass at locations ranged from trace amounts to 2,407 lb/ac prior to corn and from 55-2,475 lb/ac prior to soybeans. Cover crop was typically terminated 7-10 days prior to planting.

Table 2. Mean cover crop aboveground biomass samples prior to termination in 2016.
Corn yields 2016
In general, corn yields were equivalent regardless of cover crop treatment as determined by statistical analysis (t-test). Only at Jefferson (2009), Coon Rapids (2010) and Harlan (2010) were corn yields reduced in the cover crop strips. It should be noted that these instances occurred only in the first two growing seasons of the trial. Cooperators identified insufficient cover crop termination (Jefferson '09) or improper planter settings (Coon Rapids, Harlan '10) as reasons for the average yield decrease of 27 bu/ac. In the remaining cases, corn yields were mostly not affected by the cover crop (Figure 1). In 2016, corn yields were statistically improved by 3 and 19 bu/ac at West Chester and New Market, respectively.

Figure 1. Trends with respect to cover crop effect on corn yields at 10 site-years from 2009 to 2010 and 24 site-years from 2011 to 2016.

Soybean yields 2016
Soybean yields were typically equivalent regardless of cover crop treatment as determined by statistical analysis (t-test). In seven cases, however, soybean yields were improved by the cover crop. Increase in soybean yield ranged from 3 to 8 bu/ac with an average increase of 5 bu/ac in these cases. As with corn, soybean yield was also mostly not affected by the cover crop (Figure 2). Only at Coon Rapids (2013) were soybean yields reduced in the cover crop strips. The cooperator identified planter setting as a reason for the yield difference. Soybean yields in 2016 ranged between 63 and 64 bu/ac at two locations.

Figure 2. Trends with respect to cover crop effect on soybean yields at 6 site-years from 2009 to 2010 and 19 site-years from 2011 to 2016.

Cover crop effect on cash crop yield trends
Since 2008, there have been 34 site-years dedicated to determining the effect on corn yields and 25 site-years to determine the effect on soybean yields. After their first year of introducing cereal rye into their operations, the farmer partners made adjustments to their planter settings to handle more residue and planned to terminate the cover crop 10-14 days before planting to minimize negative impacts on yield. After eight years in the study, the farmer partners have reported mostly no effect of the cereal rye cover crop on corn and soybean yield.

For more detailed information on the project and Year 5 report, see “Winter Cereal Rye Cover Crop Effect on Cash Crop Yield – Year 5” on these websites:
ILF: https://www.iowalearningfarms.org/content/cover-crop-research